



My CUBE'O-SPLASH ! Family size

A super tasty flavored water

Ingredients

4 cups of water

1 cup of your favorite fruits or vegetables (fresh or frozen), chopped

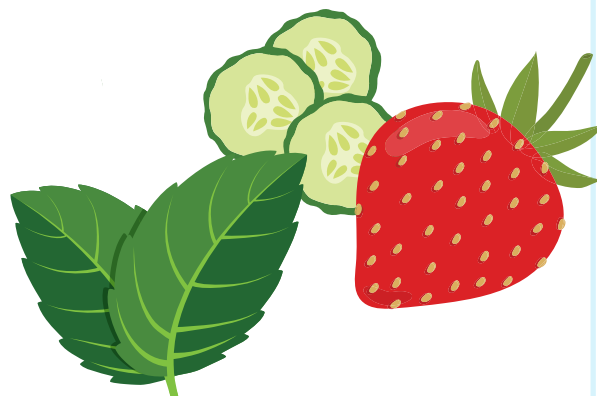
Fresh herbs (optional: basil, mint, etc.)

Preparation

- 1 Pour the fruits or vegetables into a water pitcher
- 2 Add 4 cups of water
- 3 Stir with a wooden spoon
- 4 Let it infuse for 30 minutes (or preferably overnight!)

My Favorite Combos

- 1 The Dew: Frozen strawberries
- 2 The Refresher: Cucumber + mint
- 3 Adventurous Combos :
 - Melon (cantaloupe, honeydew, etc.) + basil
 - Frozen mango
 - Peach (fresh, frozen, or canned)



Pro tips

- For even tastier water, let the pitcher infuse overnight in the fridge.
- In a hurry? Instead of overnight infusion, add 1 cup of boiling water first (let it infuse for 5-10 minutes), then add 3 cups of cold water. Refrigerate until dinner time!
- To enhance the taste of herbs, crush the leaves between your fingers before adding them to the pitcher!